



My Pet...Naturally

YEAST INFECTION

An Insidious Disease

By Pat McKay

The main cause of yeast infections, such as *Candida Albicans*, is from grain-based foods and drugs, chemicals and poisons.

Dogs were never meant to eat grains. Their main diet in the wild is raw meat and vegetation. The only grains they ever get are already predigested in the stomach or the bowels of their prey. Cooked foods anything in a can or a bag, vaccines which compromise and destroy the natural immune system, antibiotics which kill the friendly bacteria which would ordinarily fight and overwhelm the yeast, steroids that shut down the body's ability to fight back, and any and all other drugs, chemicals and poisons, including frontline, advantage, program, heartgard, etc, that compromise the immune system are all additional reasons for seeing such a preponderance of yeast infections. Yeast infections seem to be one the most under-diagnosed illnesses in the veterinary field.

Symptoms include: chronic ear infections; incessant licking of the genitals or the paws or both; lick granulomas; habitual scratching, usually the ears, sides of the torso and underbelly; rashes, most often on the underbelly; and when the yeast begins to move into the head; loss of hearing; loss of eyesight; loss of balance; obsessive behaviors such as walking in circles, doing good or bad behaviors redundantly; loss of intelligence, memory and comprehension.

Yeast infections always start in the digestive system, stage 1; then move to the reproductive/genital area, stage 2; next to the extremities, legs and paws, stage 3; then move on to the eyes, ears, nose, and throat, stage 4; then finally to the brain, stage 5, which can be fatal, taking over the entire body. It is insidious. Very often these problems are treated with antibiotics or steroids, which only make matters worse.

Rather than dwelling on what causes the problem, let's discuss how to get rid of this insidious ailment. This is one situation that does not get better by itself or by waiting to see what is going to happen.

Immediately you need to get your dog on raw meat and vegetables to provide a proper diet for him/her to be able to resist the yeast infection and the parasites.

1. Do not feed anything that contains ground bone, grains, dairy, fruits, alfalfa, kelp or any herbs, vinegar, rawhide, pigs ears, plastic or nylon bones, pressed treats or dog biscuits.
2. Do not give any drugs, chemicals or poisons, including vaccines, frontline, advantage, program, heartgard, antibiotics, antihistamines, antacids, rimadyl, flagyl, steroids, et al.

All of the above will only exacerbate the symptoms of the yeast infection.

With all dogs who have a yeast infection or a predisposition to it, they must be on the raw food program and none of the above foods or drugs for their entire life. It is similar to being an alcoholic: one sip of liquor will send an alcoholic right back into all the cravings and problems. This is true of the dog with a yeast infection. Any of the above foods, treats, or drugs will bring back the yeast with a vengeance.

Your animal's main meal should be

75% raw ground meat and

25% raw ground vegetables

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Harmony Farms Candida-Free raw foods are 75% raw ground meat and 25% raw ground vegetables already pre-made for your convenience. Or you may prepare the food yourself.

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